



Kitulgala Adventure Day Checklist

A quick planning checklist for rafting, canyoning, and rainforest time in Kitulgala — covering pickup timing, water confidence, and what to send for a fast quote.

Best for: Travellers comparing a one-day or overnight Kitulgala adventure before asking for availability.

BEFORE YOU BOOK

- ☐ Decide rafting only, or rafting plus canyoning and waterfall abseiling — they mix freely, so you can do one, any two, or all three in a day.
- ☐ Confirm everyone in the group is comfortable in moving water.
- ☐ Note the ages of any children joining (some activities have minimum ages).
- ☐ Pick a date and a pickup point — your hotel, Kitulgala, or somewhere en route.
- ☐ Pack clothes you can get wet, a dry change, and secure footwear.
- ☐ Agree a softer backup plan in case river or weather conditions change.

What to send us for a fast, accurate plan

Fill these in, then send them via WhatsApp or the enquiry form and we'll shape a private plan around your answers.

Your date _____

Pickup point _____

Group size _____

Children's ages (if any) _____

Is everyone comfortable in water? _____

USEFUL PAGES ON OUR SITE

[xclusiveadventures.com/activities/white-water-rafting-kitulgala](https://www.xclusiveadventures.com/activities/white-water-rafting-kitulgala)

[xclusiveadventures.com/guides/best-things-to-do-in-kitulgala](https://www.xclusiveadventures.com/guides/best-things-to-do-in-kitulgala)

[xclusiveadventures.com/kitulgala](https://www.xclusiveadventures.com/kitulgala)

LOSE YOURSELF, DISCOVER YOURSELF.

www.xclusiveadventures.com · info@xclusiveadventures.com
WhatsApp +94 71 464 6865 · Kitulgala, Sri Lanka